

Cementless Metal-Backed Patella: Back for Good? Excellent Short-Term Survivorship - No loosening on 2 to 5 years follow up.

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Disclosures

FG – This author has no disclosure to declare

NF – This author is an Educational Consultant for
Stryker

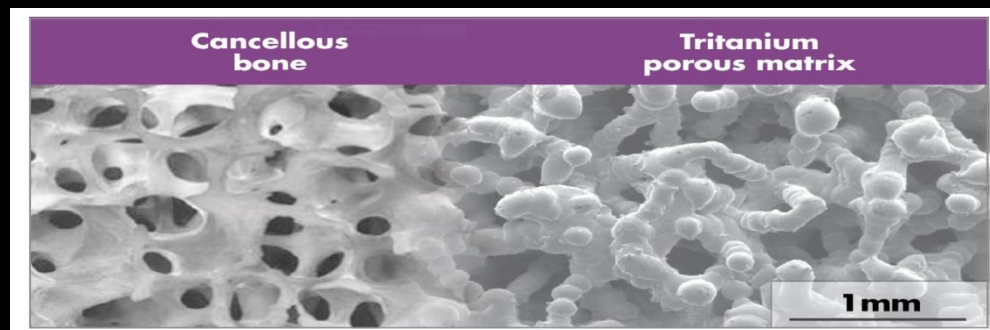
Background

The Cementless Implant can be the preference for younger, higher demand patients, and can be useful for higher BMI

The Implant is aiming for biologic fixation – osseointegration

Also avoids Multiple Interfaces (Bone-Cement, Cement- Prosthesis) – fibrous layer, which could be an ingress for infection

- Controversies:
 - Historically cemented prosthesis has lower survivorship
 - Early Patella Design had high rate of early failure
- New implant design utilises 3D Printed Cementless Metal-Backed patella with constant pattern using computer generated printout



Methods

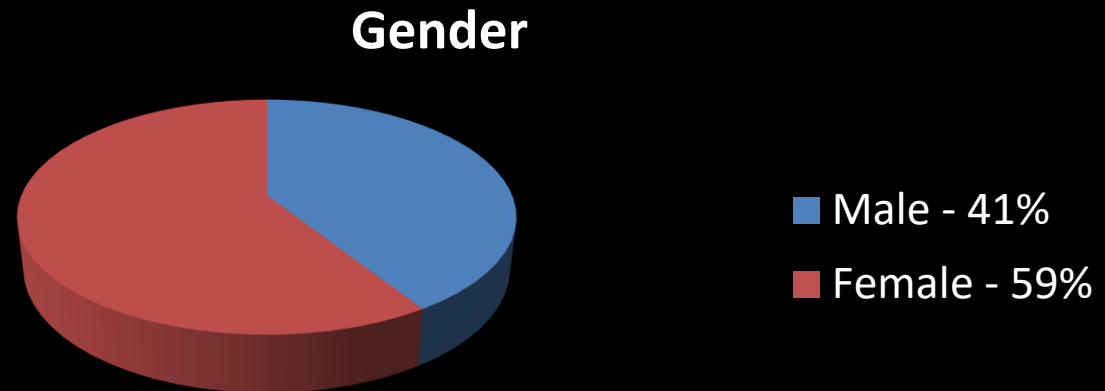
Review of internal database of 3 hospitals of a single surgeon in Hampshire, United Kingdom from August 2016 – January 2020

All cases of primary TKR using cementless, metal backed patella

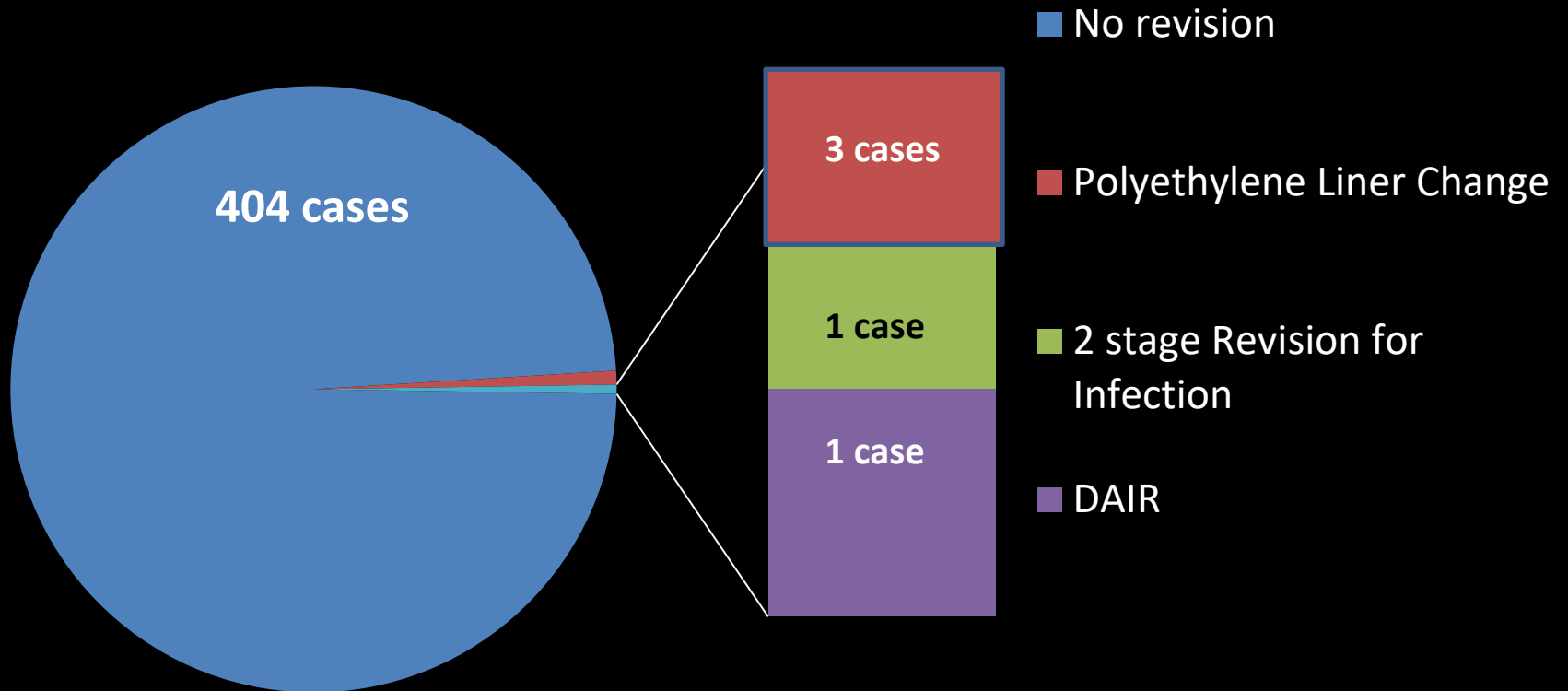
Available prosthesis types were Stryker Triathlon & Modular Rotating Hinge

Results

- 409 Knees
- Age 37 - 98



No Patella Loosening so far



Patient 1

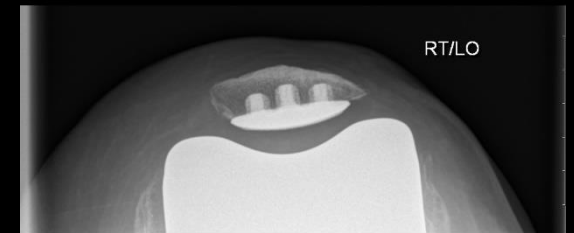
Pre-Operative Films



Post-Operative Films



3 years follow up



Patient 2

Pre-Operative Films



Post-Operative Films



1 year follow-up



Conclusion

- So far Cementless Metal-backed Patella shows an Excellent outcome
- However, we are aware that this is a short-term data
- We continue to follow up with patients
- Cementless Metal-Backed Patella may not be suitable for osteoporotic bone
 - We had 1 case where intra-operative decision to change to cemented patella had to be taken due to severely osteoporotic patella

References

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